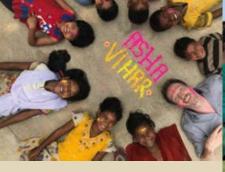


No development aid project in the traditional sense.

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Annual Report



2018!



# JOHAR! \*, dear Friends

Asha Vihar on new ways!

The care of our stroke patients is on the threshold of therapy and rehabilitation. The obstruction of these paralyzed patients requires special concepts to re-integrate them into society and work. And this in India, especially in the countryside: here rehabilitation is a completely foreign term - without example in the Indian health system.

This is beside the necessity at the same time our chance. Anyone who is disabled here gets socially and existentially offside. The rehabilitation according to the German model after surgery or severe orthopedic diseases is completely absent. In Germany it is the other way around. For us, the concept of rehabilitation is the most developed worldwide. As in the field of orthopedic surgery, we can exploit this and transfer our knowledge in the field of rehabilitation medicine to Asha Vihar.

The demand is not limited to the destitute rural population. The higher social strata have the same problem. Accordingly, they are already running into us. This also gives us the opportunity to increase our own financial contribution to the budget in order to make the project more and more self-sufficient.

We want to rebuild the existing building on the other side of the street (we're doing it already) and also build a bed tract with 20 rooms to accommodate about 40 patients.

Of course we need money for that! If anyone knows where a treasure is buried, ......



Through targeted management, we have so much that we could start in stages.

Pawan Sinha, one of our Indian co-workers, spent three months in Germany, especially in the rehabilitation center Bad Zwischenahn - where my husband works - to get to know the therapies and their organization. Many thanks to the board and the staff of the clinic for this generous gesture! Likewise, Pawan completed an internship at the Sana Kliniken in Sommerfeld. Also here: many, many thanks.

## Now from the perspective of the everyday life of the past year:

(Only the most important in a nutshell, because everything more detailed can be found on our website www.ashavihar.com.)

#### Medicine:

Since this year, our patients are recorded and documented by computer technology - total number 29,191 in Asha Vihar and 3,120 in the four field offices.

OP Camp 2018: This year the orthopedic surgical camp had the character of a workshop with teaching sessions in the presence of Dr. Sen (Mission Hospital Durgapur), with the goal that in the future we can hand over this sector to Indian colleagues. Correspondingly, few targeted children were operated on: 11 children with 14 operations. The German team consisted of 9 employees.

### **Building:**

The addition of the buildings in our plant settlement (Family Quarters) has created a magnificent area in which 12 families have a great home.

The stove in our company kitchen (three warm meals a day for 70 employees) was switched from hard coal to gas.

All buildings in the area (also hospital and children's village) were renovated and look again like jewelry.

#### **Communication:**

Not only do we find our website (www.ashavihar.com) really good, others also see it that way - great feedback. It has also been professionally translated into English this year. That was a lot more work than you think.

Incidentally, the everyday (or daily) communication between Asha Vihar and Germany (by phone and in writing) works perfectly with the Internet, which has meanwhile been excellently developed. When I started in 1995, you had to make a day trip to the city, with luck to make a constantly interrupted phone call - otherwise there were only drums and smoke signals in Asha Vihar.

### **Children Village:**

We urgently need "old, which are no longer needed" but working laptops. Who can help us?

**Balance of 2018:** A thoroughly solid year, which allowed us not only to cope with everyday life, but also to incubate ideas for the future.

We can only work well in India because you support us here in Germany and from any place in the world. Thank you so much!

Stay on our side!

sincerely

Neha Sha (President), Sukdev Rajak (Secretary)

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